

WELCOME BACK SOUTH CAROLINA HOSA!



DON'T FORGET!

**NEW SC HOSA COMPETITIVE EVENTS
GUIDELINES AVAILABLE AT SCHOSA.ORG →
CONFERENCES →
STATE LEADERSHIP CONFERENCE!**



IMPORTANT DATES:

February 21st

Deadline: Competitive Events Digital Upload

Deadline: Upload ALL required SLC forms

February 25th -March 4th

Online Testing Window

March 3rd

Deadline: SLC fees Due

March 11th -13th

State Leadership Conference

Happy New Year, HOSA members!

We hope you enjoyed the holiday season and the start of the new year! Your State Officer team is excited to release this year's final HOSA Hustle. As we get closer to our State Leadership Conference, we wish all our members good luck as they prepare. In this edition, there is lots of information about our State Leadership Conference. We wish all of our members the best of luck over the coming months!

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**SC HOSA get ready to learn,
lead, and serve this year!**

Important SLC Reminders

Testing Reminders:

- Two-part events will test before the conference during the Online Testing Window (2/25-3/4)
- Test only events will take place in person at SLC
- Don't forget to submit your digital uploads before February 21st.

Toy Drive:

- Don't forget to bring toys to SLC for our final Shriners' Toy drive! Donations can be unused children's toys such as: coloring books, stuffed animals, board games, and more!
- This is a conference-wide competition—bring the most toys and your school could take the win!

SLC Dress Code

WEDNESDAY OPENING SESSION

HOSA UNIFORM

Required:
 HOSA's Official Uniform Policy
 • Tailored navy blazer with emblems affixed over the heart
 • Matching navy slacks or navy knee-length skirt
 • White, collared neck, buttoned dress shirt suitable for tie or scarf
 • Appropriate HOSA scarf (optional)
 • Closed-toe black, black, or brown business shoes or blue, black, or brown sneakers
 • Tall Black, black, or brown
 • Head covers required for religious purposes or to honor cultural traditions are allowed

OR, Business Dress Policy
 • Black or navy blue suit
 • White, collared neck, buttoned dress shirt (maroon or navy tie)
 • White blouse (with matching scarf) or Appropriate HOSA scarf (optional)
 • Knee-length skirts or slacks or knee-length slacks or skirts
 • Closed-toe black, black, or brown business shoes or blue, black, or brown sneakers
 • Tall Black, black, or brown
 • Head covers required for religious purposes or to honor cultural traditions are allowed

BLACK or BLUE SUIT OPTION

FRIDAY AWARDS SESSION

Conference T-shirt
Khaki or Dark Colored Slacks or Knee-Length Skirt

NO Flip Flops
NO Sandals
NO Denim
NO Shorts
NO Leggings

CLOSED-TOES are REQUIRED
 Tennis shoes are acceptable

THURSDAY
(when not competing)

HOSA UNIFORM

Required:
 HOSA's Official Uniform Policy
 • Tailored navy blazer with emblems affixed over the heart
 • Matching navy slacks or navy knee-length skirt
 • White, collared neck, buttoned dress shirt suitable for tie or scarf
 • Appropriate HOSA scarf (optional)
 • Closed-toe black, black, or brown business shoes or blue, black, or brown sneakers
 • Tall Black, black, or brown
 • Head covers required for religious purposes or to honor cultural traditions are allowed

OR, Business Dress Policy
 • Black or navy blue suit
 • White, collared neck, buttoned dress shirt (maroon or navy tie)
 • White blouse (with matching scarf) or Appropriate HOSA scarf (optional)
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 • Closed-toe black, black, or brown business shoes or blue, black, or brown sneakers
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BLACK or BLUE SUIT OPTION

THURSDAY - COMPETITIVE EVENT DRESS

COMPETITIVE EVENT DRESS
 For HOSA competitors, see your State Event Guidelines for proper attire for each competitive event.

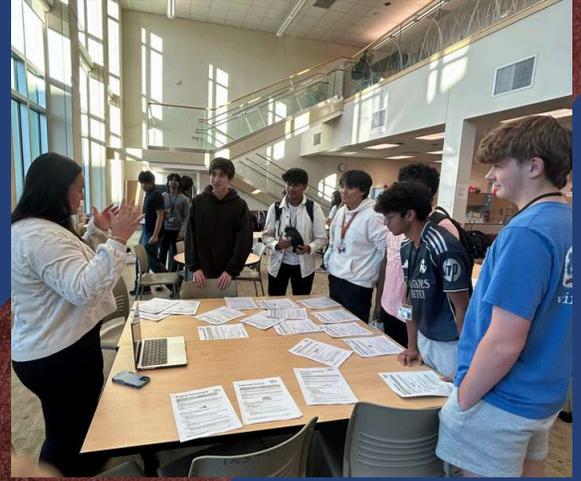
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 HOSA's Official Uniform Policy
 • Tailored navy blazer with emblems affixed over the heart
 • Matching navy slacks or navy knee-length skirt
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Team 48's SLC Tips

Preparing for Your Event

- Pre-judged materials must be uploaded by February 21st
- Start early and create a practice schedule
- Practice with timers to stay within time limits
- If applicable, rehearse with your partner or group
- Record yourself to review confidence, clarity, and posture



Read the Guidelines (Yes—All of Them!)

- Review the score sheets so you know how points are earned
- Pay attention to time limits, dress code, and equipment rules
- Highlight the required items you may have to bring on competition day
- Follow instructions exactly as written



Tips for Doing Well at SLC

- Dress professionally and follow the official HOSA dress code
- Arrive early with a positive attitude
- Speak clearly, make eye contact, and stay composed
- If you make a mistake, recover and move on
- Be respectful to judges, volunteers, and competitors



State Officer Candidate Information

- State Officer Candidate Interviews: March 3rd (by appt.)
- Review the State Officer Campaigning Rules
- Prepare your 60-90 second speech for Opening Session
- Make sure you are familiar with all expectations listed for State Officer Candidates at SLC as some procedures have changed.

For any other questions contact one of your state officers on
instagram @sc_hosa

SLC Scholarships

- Scholarship recipients must attend the Scholarship Dinner at 6:00pm on Wednesday, March 11th to receive award
- Scholarship Recipients will be allowed 2 guests for the Scholarship Dinner and invitations will be sent via EVITE (through Greenvelope) by February 23rd
- RSVPs for the Scholarship Dinner are due by March 1st

Any questions regarding the Scholarship Application process
should contact:

Amanda Wilson, Director of Operations, schosa@outlook.com

2025 DIAMOND PARTNERS SPOTLIGHT

Army ROTC:

Army ROTC aims to make college more affordable and builds strong leaders in medicine. Through scholarships and hands-on training, ROTC supports students pursuing nursing and other health careers while preparing them to serve and lead in the medical field



ARMY ROTC

SC Health Science Educators:

SC Health Science Educators aim to give students in grades 9-12 a head start on health careers through hands-on learning, real-world experiences, and HOSA involvement, helping them explore, prepare, and choose their future in healthcare.



SC HOSA would like to extend our gratitude to our 2025 - 2026

Diamond, Silver, and Bronze Partners for their unwavering support and dedication to the next generation of health professionals!





See You at SLC, SCHOSA!

Tag or DM us on
instagram to have your
chapter's stories shared!

Make sure to check out
our Social Media pages!

REACH OUT
FOR SUPPORT

Stay In Contact

GET TO KNOW
US BETTER

Email: schosa@outlook.com | instagram: @schosa

www.schosa.org