Health Literacy Ambassador



Recognition Event

Eligible Divisions: Middle School, Secondary & Postsecondary /	Recognizes members who	Digital Upload: Uses HOSA
Collegiate	increase their health literacy	Activity Tracking System
	through a series of projects	(HATS) to track project
Solo Event: Individual Recognition Event	with NLM	completion

Event Summary

The Health Literacy Ambassador recognition event helps HOSA members enhance their health literacy skills and promotes the use of credible health information. This event supports the Surgeon General's priorities by addressing the threat of health misinformation, which can create confusion, erode trust, harm individual health, and weaken public health efforts. By teaching members how to evaluate the accuracy of health information and by introducing them to MedlinePlus from the National Library of Medicine as a reliable source, the event equips them to combat misinformation effectively. Participation will benefit all HOSA members to ensure how to find and use credible health information.

General Rules

1. Competitors must be familiar with and adhere to the General Rules and Regulations.

Level 1

- 2. Competitors will first complete the online module for Level 1.
- 3. To complete this module, competitors should use a laptop or Chromebook, as it is easier to switch between the two websites used in the module.
- 4. Upon completion of the module, the competitor will be emailed a certificate of completion. Since many school emails block external organizations, it is recommended that members use a personal email to generate the certificate. Google emails will work even better.
- 5. Next, members will develop a presentation related to a health care topic covered in Medlineplus.gov. The length of presentation, content of presentation, and style of presentation are at the discretion of the competitor. The potential topics for this presentation are limitless—consider what you are passionate about sharing with others. The goal of the presentation is to demonstrate your academic proficiency around the selected health topic.
- 6. Competitors will deliver their presentation at either a HOSA chapter meeting or during class time to educate their peers on the selected health topic.
- 7. Upon completion of BOTH the Level 1 certificate and presentation project, competitors will enter these activities in the HOSA Activity Tracking System (HATS) for approval following the instructions below. (step 15)

Level 2:

- 8. For recognition at SLC, after completing Level 1, competitors must complete Level 2 activities.
- 9. Competitors will complete the online module for Level 2.
- 10. To complete this module, competitors will be asked to <u>sign in as a guest user</u> in the "DeckToys" platform. Deck Toys is a virtual escape room platform where members will be solving puzzles and answering questions from Medline Plus in order to unlock the subsequent activity. It is challenging, fun and engaging. Members may collaborate with other members in a small group; however, EACH member must have a computer open to complete the activity. Each member will be required to submit for their own certificate at the end.

The expectation is that competitors read and are aware of all content within these guidelines and associated links. Successful competitors will study all links for detailed information.

- 11. Upon completion of the module, the competitor will be emailed a certificate of completion. Since many school emails block external organizations, it is recommended that members use a personal email to generate the certificate. Google emails will work even better.
- 12. Next, members will select **ONE** of the below projects to demonstrate academic proficiency. Members may use www.medlineplus.gov to:
 - a. Create a variety of educational posters to be displayed in a local physician's office
 - b. Create an article that is submitted to the Chartered Association HOSA newsletter
 - c. Create educational materials that are distributed at a career fair, senior fair, diabetes clinic, hospital fair, etc.
 - d. Create patient handouts or supplemental information that healthcare professionals or other employers can use
 - e. Create a variety of educational tips that can be shared with others, such as proper hand washing techniques, proper hydration, warning signs of heat illness, etc.
- 13. Upon completion of the Level 2 certificate, project, AND presentation, competitors will enter these activities in the HOSA Activity Tracking System (HATS) for approval following the instructions below.
- 14. Competitors will develop a presentation about the project they created in item #12 and share it with their peers. This presentation can be delivered at either a HOSA chapter meeting or during class time to educate their peers on their selected project.

Tracking Activity:

- 1. This event uses the HOSA Activity Tracking System (HATS) to document activities. The direct link to HATS is: https://apps.hosa.org/#member-activity/input
- 2. Members must be officially <u>affiliated</u> through HOSA Future Health Professionals before proceeding. Members will follow the <u>Member Instructions</u> for entering activity information in the <u>Member Activity</u> Tracking System (HATS).
- 3. Chapter advisors will follow the <u>Chapter Advisor Instructions</u> and <u>log-in to their chapter</u> to approve or deny the activities in the HOSA Activity Tracking System.
- 4. <u>Best practice</u>: Advisors should ask to see a copy of the competitor's Level 1 and Level 2 certificates prior to their project presentations. If advisors see the certificate and the presentation, they can feel confident APPROVING the activities in HATS.
- 5. The recipients of this award will be determined by the APPROVED data in the HOSA Activity Tracking System. If an advisor does not log in to approve their members' activities, those activities will not be counted.
- 6. Competitors should enter the following information into HATS for each level they complete:
 - a. For Level 1: HATS Entry #1

Charter: Enter the number of your HOSA chapter (check with advisor for help)

Date of Activity: Enter the date the online certification was completed by the competitor

Activity: Enter "Level 1 certificate & presentation completed."

Activity Code: Select "Health Literacy Ambassador" from the dropdown

Hours: Enter the total number of hours it took to complete this level

b. For Level 2: HATS Entry #2

Charter: Enter the number of your HOSA chapter (check with advisor for help)

Date of Activity: Enter the date the online certification was completed by the competitor

Activity: Enter "Level 2 certificate & presentation completed."

Activity Code: Select "Health Literacy Ambassador" from the dropdown **Hours**: Enter the total number of hours it took to complete this level

Timeline and Recognition Process

- 1. This event may include activities from **June 1, 2025, through February 21, 2026**. Activities must be entered by the members and **APPROVED** by chapter advisors in the online HOSA Activity Tracking System (HATS) by midnight on **February 21, 2026**. The <u>approved</u> activities identifying that level <u>1 AND 2</u> were completed in the system are what will be used to identify recognition at SLC.
- 2. Members meeting all requirements will be recognized on stage and receive a Certificate of Recognition.

Content from Year to Year

Content must be unique and new each membership/school year. Content used in a previous membership
year's competition may not be used again. The event intends to improve the members' depth of
health literacy knowledge. If a violation is discovered, the advisor should not approve the HATS
submission.

International Leadership Conference (ILC)

Go to https://hosa.org/guidelines/ for specifics about this event at ILC. June 17-20, 2026 – Indianapolis Convention Center, Indianapolis, IN