

DRESS CODE POLICY

Professional appearance is an important aspect of the overall preparation of HOSA members for the professional world. HOSA supports a dress code for its functions that exemplifies the highest standards of professionalism while being nondiscriminatory between genders. HOSA, Inc. Board of Directors has developed the following Dress Code Policy for the International Leadership Conference.

General Session Dress (REQUIRED)

- HOSA's Official Uniform Policy
- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue or black (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed.

OR

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice)
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed.

AN OFFICIAL HOSA UNIFORM OR NAVY BLUE/BLACK SUIT IS REQUIRED TO RECEIVE RECOGNITION OR AN AWARD ON STAGE

Official Function Dress (Workshops, HOSA Expo and Social Activities):

Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the ILC:

- HOSA Official Uniform
- Professional Attire (Suit, Jacket, Slacks, Skirt, or Dress)
- HOSA Polo or Oxford, Khakis, Chinos
- Jeans, t-shirts, and athletic clothing are not included in business casual attire

Social activities dress code will include everything EXCEPT: athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops and clothing with obscene or suggestive printing. Shirt straps must be two inches wide, and the length of shorts and skirts must be at minimum to the fingertip.

Shoes: Unacceptable types of dress shoes include boat shoes, canvas or fabric shoes, flip flops, casual sandals, athletic shoes, sneakers, industrial work shoes, and hiking boots.



Competitive Events Dress

Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing.

If the competitive event guidelines identify business attire is appropriate, competitors can either wear the **official HOSA uniform** or any of the following dress is acceptable (color is not specified for clothing or shoes for competition):

- Suit
- Sports Jackets
- Pants
- Shirts
- Jackets
- Skirts
- Dresses
- Shoes (closed-toe; open-toe; heeled sandals are permitted)

If the competitive event guidelines identify clinical uniform or attire, appropriate to the occupational area. is required for skill events, the following dress is acceptable (can be of any color/design, with or without a HOSA emblem):

Dress code change for 2024 ILC - clinical uniform or attire appropriate to the occupational area is REQUIRED for all round two skill events. Business attire and HOSA Uniform are no longer acceptable for round two skill events.

Process for Awarding Competitive Event Dress Bonus Points

- For all competitive events, five (5) bonus points will be added in Tabulations once per competitor and/or team for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.
- At the ILC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary form and signed by a member of the CE Program staff.
- Judges are NOT responsible for the awarding of dress bonus points; this is handled by competitive event personnel.

Competitive Events Dress Tips

No policy can possibly cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear for HOSA competition. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

Unacceptable clothing for competition (but not limited to):

- Denim clothing of any kind
- Canvas shoes, sneakers, flip-flops, sandals
- Casual T-shirts, tank tops, or crop tops
- Torn, frayed, or revealing clothing
- Clothing with obscene, suggestive, or offensive messages
- Athletic clothing, sweatpants or shirts, leggings
- Beach wear, shorts, capri pants or other short pants

Note about HOSA's Dress Code Policy:

Head covers that are required for religious purposes or to honor cultural tradition are allowed.

A competitor should dress appropriately, based on the dress standards outlined for the gender to which they identify.

Adult Participant Code of Conduct

HOSA offers leadership skills and professional development to those students who have a career objective in the health field. Since a good example is one method of teaching, and students participating in the conference are impressionable, a Code of Conduct is set for adult participants including HOSA advisors, chaperones, and parents.

It is the responsibility of each and every participant to see that proper conduct is adhered to at all times. Violations of these practices and procedures will be referred to the Chair of the Board of Directors for HOSA, Inc.

The Advisor Code of Conduct is made available by the HOSA, Inc. Board of Directors for distribution by chartered associations as needed. Whether there is a signed agreement or not, these are the standards expected of all advisors and guests attending HOSA's International Leadership Conference. Attendance at any HOSA function implies acceptance and practice of these standards.

- Adult participants project a positive and professional image of Health Science and Biomedical Science Education and HOSA to all those with whom they interact.
- Adult participants promote HOSA as a positive student experience; therefore, will act as a positive role model for students in dress, voice, attitude, actions, and demeanor.
- Adult participants are accountable to and for their students in all HOSA-related activities. Furthermore, adult participants shall be responsible for seeing that participants adhere to all conduct practices and procedures.
- Adult participants should understand and follow established processes within the organization that protect the rights of all members.

Dress Code for Advisors, Chaperones, Family and Guests

Setting a good example for HOSA members can begin with dress. We encourage advisors, chaperones, family members and guests to dress professionally and appropriately for conference activities.

General Session Dress

- HOSA Official Uniform (HOSA Advisors)
- Professional Attire (Suit, Jacket, Slacks, Skirt, Dress)
- Dress Shoes

Official Function Dress

(Workshops, HOSA Expo and Social Activities):

- HOSA Official Uniform (HOSA Advisors)
- Business Casual Attire (Polo Shirt, Oxford, Khakis, Chinos, Dress, Skirt)