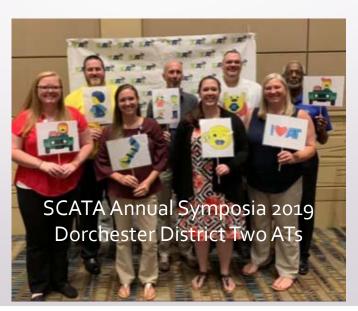
# If You Build It, They Will Come

SC Health Science Educators Conference

Hanna Beckman, SCAT, ATC

- Certified Athletic Trainer since June 2012, graduated from Charleston Southern
- 10<sup>th</sup> year teaching Sports Medicine and Assistant Certified Athletic Trainer at Ashley Ridge High School
- 5<sup>th</sup> year serving as SC HOSA Competitive Events Co-Chair at SLC
- 2<sup>nd</sup> year serving as SCATA Annual Secondary School Workshop Committee Chair
- 1<sup>st</sup> year serving as SC HOSA
   Board of Directors Secretary









#### Objectives:

Sports Med Pathway Standards
Equipment / Supplies
Classroom Partners
Celebrate
Secondary School SCATA Workshop
HOSA Chapter



### At Ashley Ridge...

2012-2013	2016-2017	2021-2022
SM1: 4 sections	SM1: 6 sections	SM1: 6 sections
SM2: 1 section	SM2: 3 sections	SM2: 3 sections
SM <sub>3</sub> : NA	SM <sub>3</sub> : NA	SM <sub>3</sub> : 2 sections
Med Term: NA	Med Term: 3 sections	Med Term: 4 sections
WBL: 1 student	WBL: 24 students	WBL: 12 students
Teachers: 1	Teachers: 2.5	Teachers: 3
Completers: 15	Completers: 48	'20-'21 Completers: 36

### Sports Medicine 1

- Career exploration
- Prevention of athletic injuries
- Kinesiology
- Anatomy
- First aid, CPR, & AED
- Legal issues
- Nutrition
- Environmental safety
- Principles of taping & wrapping
- Mechanisms of injury

### Sports Medicine 2

- Recognition & care of common injuries & illnesses
- Specific conditions & injuries from athletic activities
- Therapeutic modalities
- Exercise in the care of injuries
- Body systems
- Common pathologies
- Administrative aspects
- Legal & ethical principles
- Pathway of recovery

## Sports Medicine 3

- Apply previous concepts to real-world scenarios
- Current research & EBP affecting Sports Medicine professionals
- Develop policies, procedures, and guidelines
- Treatment & rehabilitation procedures for athletic injuries
- Clinical situations

#### Medical Terminology

- Working knowledge of the language of health professions
- Prefixes, suffixes, roots, combining forms, & abbreviations
- Define, interpret, & pronounce medical terms relating to structure & function, pathology, diagnosis, clinical procedures, & pharmacology
- Problem-solving techniques

#### Sports Medicine WBL

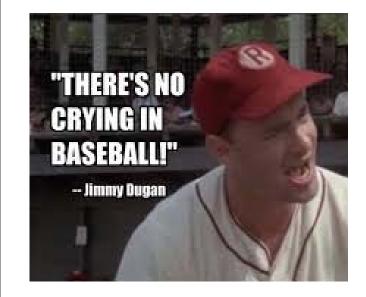
- Curriculum standards
- Employability skills
- Documentation
- Graded assignments
- Scheduled worksite visits
- 120 hours

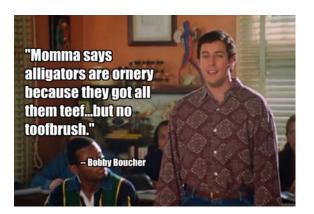












#### Required Non-Consumables

- Feedback CPR Manikins
- Game Ready
- Sharps Container
- Spine board (1 per 7 students)
- Blanket, emergency thermal (1 per 2 students)

- Diagnostic Reflex Percussion Kit (1 per 2 students)
- Goniometers (1 per 2 students)
- Pulse Oximeter (1 per 2 students)
- Stethoscopes / Sphygmomanometers (1 per 2 students)
- Skinfold caliper (1 per 2 students)

#### Optional Non-Consumables

Anatomy Models Rehabilitation Equipment

FMS kits

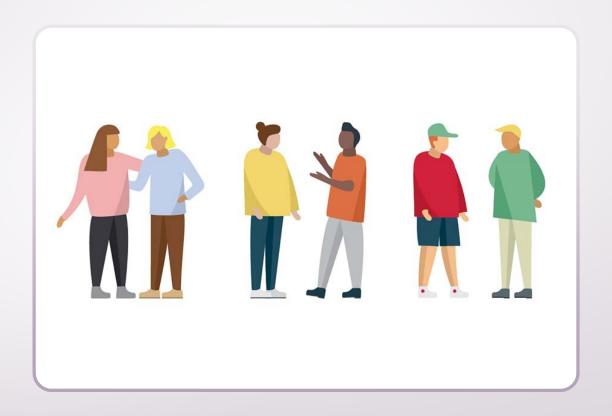
TENS units

X-Ray View Box

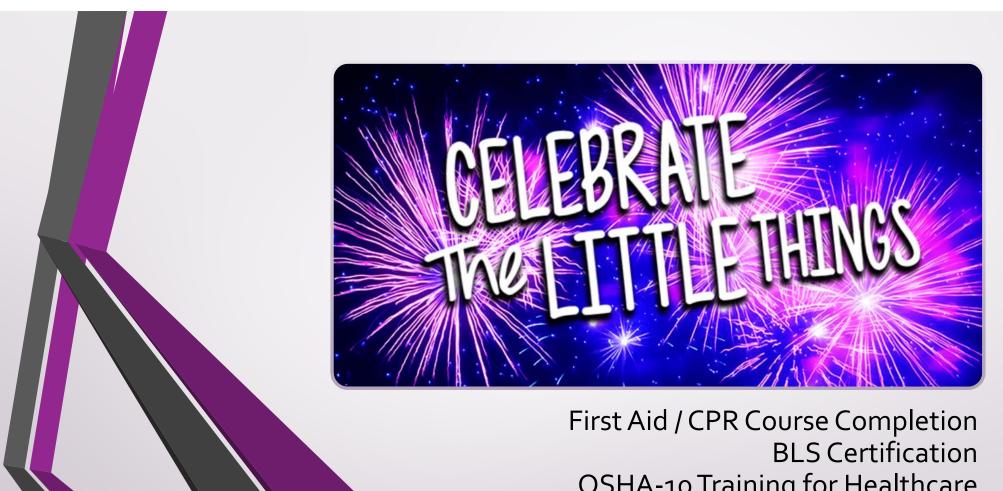
Paraffin Bath

#### Classroom Partners

- Hospitals
- Clinics
- Sports Equipment Stores
- Nutrition Businesses
- Alumni-Owned Businesses
- Athletic Booster Club-Owned Businesses
- Local Colleges / Universities



Guest Speakers (Virtual or In-Person) or Financial Support



OSHA-10 Training for Healthcare 120 Hours WBL Pathway Completer SCATA Annual
Secondary
School
Workshop

Great opportunity for students to learn about Athletic Training as an allied healthcare profession

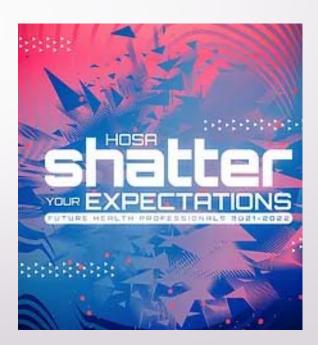
Saturday, January 29<sup>th</sup>, 2022

Pelion High School

Registration is \$25

#### **HOSA Chapter**

- Business Partnerships
- Community Events
- Incorporate it into the Classroom
- Competitive Events
- Networking Experience



\*And theirs



