



HOSA VILC Reminders for Tuesday, June 22:

- **Welcome to Day One of HOSA's VILC 2021!** – We are excited for you to experience the competitions, workshops, exhibits, and sessions in store for you! Get ready to log in to [Communique](#), the host of HOSA's VILC, using the login information emailed to you before the start of the conference.
- **Find Out When Your Competition Will Be** – Appointment times will be posted for competitors on Tuesday, June 22 at 12pm EDT. Please check Competitive Event Headquarters on [Communique](#) to find your competition time AND access the Zoom link for the LIVE event. Appointment times will NOT be emailed to competitors!

- **Meet the Executive Council Applicants** – You have an opportunity to “virtually” meet the Executive Council candidates prior to coming to the 2021 VILC. We encourage you to attend one of two Executive Council Webinars during the VILC.
- **Get Ready for the Virtual Patient Challenge** – On June 9, teams were emailed a unique login and password to access the Body Interact Platform. If you did not receive this email, contact your state advisor. Teams have 24 hours from Tuesday, June 22nd 12:00 pm EDT – Wednesday, June 23rd 12:00 pm EDT to complete the Preliminary Round Case.
- **Check out the HOSA ILC Website** – Visit hosa.org/ilc to see the conference agenda, live and on-demand workshop schedule, exhibitors, and more!
- **HOSA Time is Eastern Time Zone** – Please remember VILC events are listed the Eastern Time Zone! See the Time Zone Conversion Chart below which will also be posted on Communique.

Eastern Time HOSA TIME	Central Time (-1)	Mountain Time (-2)	Pacific Time (-3)	Hawaii Time (-6)	China Time (+12)	South Korea Time (+13)
8:00am	7:00am	6:00am	5:00am	2:00am	8:00pm	9:00pm
9:00am	8:00am	7:00am	6:00am	3:00am	9:00pm	10:00pm
10:00am	9:00am	8:00am	7:00am	4:00am	10:00pm	11:00pm
11:00am	10:00am	9:00am	8:00am	5:00am	11:00pm	12:00pm
12:00pm	11:00am	10:00am	9:00am	6:00am	12:00am (next day)	1:00am (next day)
1:00pm	12:00pm	11:00am	10:00am	7:00am	1:00am (next day)	2:00am (next day)
2:00pm	1:00pm	12:00pm	11:00am	8:00am	2:00am (next day)	3:00am (next day)
3:00pm	2:00pm	1:00pm	12:00pm	9:00am	3:00am (next day)	4:00am (next day)
4:00pm	3:00pm	2:00pm	1:00pm	10:00am	4:00am (next day)	5:00am (next day)
5:00pm	4:00pm	3:00pm	2:00pm	11:00am	5:00am (next day)	6:00am (next day)
6:00pm	5:00pm	4:00pm	3:00pm	12:00pm	6:00am (next day)	7:00am (next day)
7:00pm	6:00pm	5:00pm	4:00pm	1:00pm	7:00am (next day)	8:00am (next day)

- **View the Complete List of Reminders and Tips** – Make sure to review this list for more information to ensure a smooth conference experience!