WIN BIG WITH HOSA!

Stacie Elwood, M.Ed., ATC, SCAT
National HOSA CE Team
Ashley Ridge High School
WHY CARE ABOUT COMPETITION?
WHERE DO I FIND INFO ABOUT COMPETING?

Website: www.hosa.org
COMPETITIVE EVENTS PROGRAM

COMPETITIVE EVENT

Health Professions, Health Science, Emergency Preparedness, Teamwork, and Leadership

Pick only 1 of 52

RECOGNITION EVENT

Barbara James Service Award, Healthcare Issues Exam, HOSA Happenings, and HOSA Service Project

Pick 1 or more

Website:
www.hosa.org
CHOOSING THE RIGHT EVENT

Video: https://www.youtube.com/watch?v=it8vsUmI2-E
GREATEST CONTRIBUTOR TO SUCCESS IN ANY EVENT

KEEP CALM AND READ THE GUIDELINES
CHANGE IS THE ONLY CONSTANT
Clinical Specialty
Community Awareness
Creative Problem Solving
Extemporaneous Health Poster
Health Career Display
Health Career Photography
Health Education
Healthy Lifestyle
Interviewing Skills
Job Seeking Skills

Life Support Skills
Medical Innovation
MRC Partnership
Organizational Leadership
Parliamentary Procedure
Personal Care
Prepared Speaking
Public Health
Public Service Announcement
Researched Persuasive Writing and Speaking
Speaking Skills
WHERE DO I REGISTER MY STUDENTS?

Website: www.hosa.org
DRESS TO IMPRESS!

- PROFESSIONALISM

- HOSA IS AN ORGANIZATION FOR FUTURE HEALTH PROFESSIONALS, AND PROFESSIONAL APPEARANCE IS IMPORTANT

- PROFESSIONAL DRESS GIVES A FAVORABLE IMPRESSION OF YOU AND HOSA

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HOSA’s OFFICIAL DRESS CODE POLICY

HOSA’s dress code policy has different areas of emphasis: general session dress; competitive events dress; and official function dress (workshops, HOSA expo, and social activities).

General Session Dress (REQUIRED):
HOSA’s Official Uniform Policy
- Tailored navy blazer with emblem affixed over the chest.
- Matching navy slacks or navy knee-length skirt.
- White, closed-neck, tailored dress shirt suitable for tie or scarf.
- Accent: maroon HOSA scarf or maroon or navy long tie.
- Closed-toe blue or black (hose optional for women).
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed.

OR,
- Black or navy-blue suit.
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member’s choice)
- Accent: maroon HOSA scarf (optional).
- Members may choose to wear knee-length skirt or slacks.
- Closed-toe blue or black shoes (hose optional for women).
- Belt (blue or black).
- Head covers that are required for religious purposes or to honor cultural tradition are allowed.

Competitive Events Dress:
Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing.

If the competitive event guidelines identify business attire appropriate, competitors can either wear the official HOSA uniform or any of the following dress is acceptable (color is not specified for clothing or shoes for competition):

- Suit
- Sports Jackets
- Pants
- Jackets

Or, Official HOSA Uniform

- Skirts
- Skirts
- Dresses
- Shoes (closed-toe, open-toe, heeled sandals are permitted)

If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (can be any color/design, with or without a HOSA emblem):

- Scrubs, EMS attire, CERT attire
- Khaki-style Pants with Polo-style Top

- Clinical shoes or tennis shoes
- Note: Shorts and flip-flops are not acceptable HOSA clinical attire.
• NOT CHECKING THE NEW UPDATES/RUBRICS
• NOT FOLLOWING GUIDELINES (ATTENTION TO DETAIL)
• NOT BRINGING REQUIRED SUPPLIES/EQUIPMENT
• NOT UPLOADING REQUIRED DOCUMENTS TO TALLO
STACIE’S EXTRAS

- RESOURCES
- USEFUL TOOLS
  - EVENT SAMPLES
  - RUBRICS
  - CURRICULUM RESOURCES
  - EVENT HISTORY
  - APPENDICES