41ST ANNUAL
HOSA
STATE LEADERSHIP CONFERENCE

MARCH 6-8, 2019
NORTH CHARLESTON, SOUTH CAROLINA

DEFINE your PURPOSE
2018 - 2019

MARCH 6-8, 2019
NORTH CHARLESTON, SOUTH CAROLINA
2019 State Officers

Arturo Contreras
President
Ridge Spring-Monetta High School
12th Grade
CAREER ASPIRATIONS:
Nurse Practitioner, Biomedical Engineer, or Public Health Physician
HOW HAS HOSA BENEFITED YOU?
As a fourth-year member of HOSA-Future Health Professionals, I have been able to
DEFINE MY PURPOSE through the opportunities this great organization has to offer. Opportunities that enhanced my leadership capabilities, built connections with incredible members, and expanded HOSA on its horizon. HOSA has allowed me to LEARN, LEAD, SERVE, and INNOVATE with passion. Within the past two years, HOSA-Future Health Professionals has given me the ability to be confident in who I am and to the person I will become. My journey as a future health professional has just begun.

Courtney Tarvin
Secretary
Aiken County Career & Technology Center
11th Grade
CAREER ASPIRATIONS:
Trauma or pediatric nurse
HOW HAS HOSA BENEFITTED YOU?
HOSA has given me the opportunity to meet many new friends through networking at different conferences. I have also gained more experience through the application and interview processes to becoming a state officer.

Brian Smith
Historian
Pickens County Career & Technology Center
12th Grade
CAREER ASPIRATIONS:
Physical Therapist
HOW HAS HOSA BENEFITED YOU?
I found my passion in healthcare and I have helped others find their passion or experience the family and uniqueness of HOSA. An organization that helps teenagers and young adults truly make a difference in the world.

Giselle Mota
Vice President
White Knoll High School
12th Grade
CAREER ASPIRATIONS:
Nurse Anesthetist
HOW HAS HOSA BENEFITED YOU?
HOSA has benefited me since the beginning of my freshman year. I was already amazed by new discoveries related to medicine and interested in a career in healthcare. With HOSA, I was given the ability to grow as a leader, to network with health care providers and student leaders across the states, travel to experience what more there is to offer outside of South Carolina, speak in front of an audience, and expand my fascination within healthcare. HOSA has educated me in ways I would’ve never imagined, mentally and physically. It has challenged me to strive for what I want and achieve success. It has also widened my horizon of careers in healthcare and prepare me for the upcoming future. I can truly say thank you HOSA for everything you have done and continue molding our future health professionals.

Edgar Zamorano Morales
Vice President-PS
Clemson University
12th Grade
CAREER ASPIRATIONS:
Cardio-Thoracic Surgeon
HOW HAS HOSA BENEFITED YOU?
HOSA has been an organization that has allowed me to improve and surpass my own goals and expectations. Joining this organization allowed me to find my passion for healthcare and serving others. This organization has also allowed me to step out of my comfort zone multiple times and has allowed me to discover skills that I was unaware that I possessed. I have been gifted with various new experiences and have been able to attend multiple conferences with peers equally as passionate and driven as me and have made some amazing friends and memories along the way. I am excited to continue pursuing my goals and can not wait to see the immense impact that this organization will have on all of its future members.

Hoda Abdalla
Reporter
Lexington Technology Center
12th Grade
CAREER ASPIRATIONS:
Physician and Legislator
HOW HAS HOSA BENEFITED YOU?
HOSA has provided me with the aptitude necessary to become a servant leader in my community. I am grateful to have been inspired by members from all over the world who share my passions and interests. Joining a family of thousands of driven future health professionals has motivated me to pursue my dreams and make an impact in the healthcare community and beyond. HOSA has completely transformed my educational experience and has equipped me with skills that will last a lifetime.

Elor Mayan
Parliamentarian
Academy for the Arts, Science & Technology
12th Grade
CAREER ASPIRATIONS: Nurse
HOW HAS HOSA BENEFITED YOU?
Through my experiences as a HOSA member, local officer, and state officer, I have learned how to become an influential leader which has enabled me to be better myself. Being involved with my local HOSA chapter has inspired me to become a community activist who helps others. By being an advocate and humanitarian, I am prepared to be a future health professional.
Advisor Luncheon, Keynote Speaker, Washington Leadership Academy
South Carolina Hospital Association

Use of Facilities
Hilton Garden Inn, Embassy Suites and Hyatt Place

Competitive Events Staff and Conference Planning

Judges Coordinator: Eric Cockrell

Event Management Advisor Coordinator: Stacie Elwood

Educational Symposia Coordinator: Amanda Wilson

Scholarship Application Review and Scoring Committee
Valerie Richardson, Prisma Health
Al Squire, Prisma Health
Eric Cockrell, Lexington Medical Center
Greg Black, Aiken Regional Medical Centers

State Officers Nominating Interview Management Committee
Eric Cockrell, Katrina Haynes, Stacie Elwood, Kyara Livingston, Tavarus Rowe

Conference Management & Administrative Support
Amanda Wilson, SC HOSA, Maxine McCraw, SC HOSA, Jackie Washington, SC Department of Education.

Materials Transport Coordinator
Steve Carrigan

Photography
Ken and Sharon Higgins

Courtesy Corps Coordinators
Teresa Hayden

Medical Equipment
Lee Barkley and Performance Medical Solutions


Special thanks to:
Category Chairs, Courtesy Corp Members and Voting Delegates; SLC Planning Committee; parents, chaperones and volunteers; board members, partners, scholarship donors, exhibitors, alumni, professional members and HOSA advisors who dedicated their time to managing and judging our competitions; SC HOSA Executive Committee, SC HOSA Alumni members; Riya Gupta, National HOSA Officer.
Welcome to the 41ST ANNUAL HOSA STATE LEADERSHIP CONFERENCE

Leadership Conference Cell phones must be turned off during HOSA functions.

GENERAL INFORMATION

Hotel Etiquette: Practice your HOSA manners and adhere to the Code of Conduct at all times. Remember, other guests are in the hotel. Speak quietly in the halls. Be courteous to employees and other guests. Use the stairs instead of the elevators when possible.

Conference Name Badges: It is VERY important that you wear your name badge at ALL times. Your name badge is your admission ticket into competitive events, meetings, the opening session, Thursday night and Friday, awards ceremony.

Souvenir Pins will be available for purchase outside of Headquarters, at the SC HOSA store/information table.

Be sure to visit the exhibit area Thursday 8:00 am - 4:00 pm and Friday 8:00 am - 1:00 pm located in the Ballroom Foyer. Please thank the exhibitors for supporting HOSA!

Competitive Events: Be considerate of others and talk quietly. DO NOT SHARE INFORMATION about your competition. You may be giving someone else information to help them win. Be on time! No exceptions. Arrive at least 15 minutes before your competitive event is scheduled to begin. You should report to the competitive event manager upon arrival.

Symposia: Arrive at the educational symposium events on time and stay for the entire presentation.

Curfew: 11:00 pm. All HOSA members are asked to abide by curfew and not leave their rooms after curfew.

CONFERENCE ATTIRE

Official HOSA Uniform and Dress Code for Opening General Session: The following official dress code for the student members for opening session at the SLC will be enforced:

HOSA Uniform:
• Tailored navy blazer with emblem affixed over the heart.
• Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell)
• Shirt for males—white closed-neck, man-tailored dress shirt, suitable for use with a tie
• Accent for female members - maroon HOSA scarf or tie is optional but not required
• Accent for male officers - navy or maroon long tie
• Matching navy slacks for males and matching navy slacks or skirts for females
• Blue or black shoes

OR

Black or navy blue suit
• With a white shirt (the white shirt can be the member's choice)
• Blue or black shoes
• Male members wear a tie
• Female members may choose to wear knee-length skirt or slacks

Student delegates not adhering to the above dress policy for the opening general session at the SLC may not be admitted.

(continued on next page)

Advisor CE Hours will be awarded based on activity at the conference. See purple form in your packet for complete details.
Competitive Events: Delegates must adhere to the information in Dress Code section as specified in each of the competitive event guidelines for the event in which they are competing.

Business Meeting: HOSA uniform or official SC HOSA SLC polo shirt and business slacks or knee-length skirt (no jeans and no flip-flops).

Friday Awards Session: All registered delegates will be given SC HOSA polo shirts that should be worn with khaki or black slacks, or knee-length skirt to the 2019 Awards Session and State Officer Installation. (No jeans, tennis shoes or flip-flops)

Official HOSA Casual Dress Code
Appropriate dress for official social and unofficial functions, workshops and exhibit area visits in conjunction with the SLC, School DRESS CODE must be followed.

SESSION PROTOCOL
Delegates must not be rude or disrespectful to those in the audience or on stage. It is important to remain seated until the end of the session. Use of cell phones (talking, texting, emailing) will not be permitted during competitive events and sessions.

HOSA is committed to building a team of future health professionals who are prepared to meet America’s future healthcare workforce needs.

COMMON SENSE SAFETY TIPS
• Do not wear your conference badge around shopping areas.
• Do not give your room number to strangers.
• Do not leave public establishments with strangers or invite them to your room.
• Familiarize yourself with emergency exits.
• Keep valuables and extra cash in a hotel safety box.
• Keep your room key with you at all times.
• Do not leave your room door open while you visit other rooms.
Charleston Southern University offers undergraduate degrees in nursing, biology, kinesiology and public health. Graduate degrees are available in athletic training, nursing, physician assistant studies and biology.
WHICH ONE WOULD YOU HIRE?

Résumé
Education: Bachelor of Science in Biology and Psychology
Employment: Radiologic Technologist

Résumé
Education: Bachelor of Science in Biology and Psychology
Employment: Radiologic Technologist
Experience: Received on-the-job training in X-Ray, CT and MRI technologies after six months of accelerated learning in the Army Reserve.

Learn the skills you need to advance your career while you serve your country. It’s all possible in the Army Reserve. You’ll earn a salary and money for your education while you gain the kind of strength that helps you stand out. There’s strong. Then there’s Army Strong.

To Learn more about Scholarships & Career Opportunities, visit us at healthcare@goarmy.com
### Wednesday, March 6th

**Registration - Orientations and Events with Two Rounds Will Test This Day**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Day</td>
<td><strong>Conference Headquarters</strong></td>
</tr>
<tr>
<td>All Day</td>
<td><strong>Competitive Events Headquarters</strong></td>
</tr>
<tr>
<td>12:00 Noon</td>
<td><strong>SC HOSA State Officer Practice</strong></td>
</tr>
<tr>
<td>1:00-8:00 PM</td>
<td><strong>Conference Registration</strong></td>
</tr>
<tr>
<td>4:00 PM</td>
<td><strong>Testing Event Personnel Orientation</strong></td>
</tr>
<tr>
<td>5:30 PM</td>
<td><strong>Healthcare Issues Exam</strong></td>
</tr>
<tr>
<td>5:30 PM</td>
<td><strong>Category Chair Orientation</strong></td>
</tr>
<tr>
<td>5:30 PM</td>
<td><strong>All Round 1 Testing</strong></td>
</tr>
<tr>
<td>5:30 PM</td>
<td><strong>Health Professions Events Testing</strong></td>
</tr>
<tr>
<td></td>
<td>(Nursing Assisting, Medical Assisting, Biomedical Lab Science, Home Health Aide,</td>
</tr>
<tr>
<td></td>
<td>Veterinary Science, Sports Medicine, Pharmacy Science, and Physical Therapy)</td>
</tr>
<tr>
<td>5:30 PM</td>
<td><strong>Emergency Preparedness Events Testing</strong></td>
</tr>
<tr>
<td></td>
<td>(CERT Skills, Emergency Medical Technician, CPR/First Aid)</td>
</tr>
<tr>
<td></td>
<td><strong>Teamwork Events Testing</strong></td>
</tr>
<tr>
<td></td>
<td>(Creative Problem Solving, Forensic Medicine, HOSA Bowl, Biomedical Debate)</td>
</tr>
<tr>
<td>5:30 PM</td>
<td><strong>Medical Spelling and Healthy Lifestyles</strong></td>
</tr>
<tr>
<td>7:00 PM</td>
<td><strong>Event Manager and Personnel Orientation and Reception</strong></td>
</tr>
<tr>
<td>7:00 PM</td>
<td><strong>Healthcare Issues Exam</strong></td>
</tr>
<tr>
<td>7:30 PM</td>
<td><strong>Courtes Corps Orientation</strong></td>
</tr>
<tr>
<td>8:00 PM</td>
<td><strong>Job Seeking Skills Application Process</strong></td>
</tr>
<tr>
<td>8:00 PM</td>
<td><strong>Interviewing Skills Application Process</strong></td>
</tr>
<tr>
<td>8:00 PM</td>
<td><strong>Advisors Presentation and Orientation</strong></td>
</tr>
<tr>
<td>8:30 PM</td>
<td><strong>Karaoke with the Officer Team</strong></td>
</tr>
<tr>
<td>8:30 PM</td>
<td><strong>Zumba™</strong></td>
</tr>
<tr>
<td>11:00 PM</td>
<td><strong>Curfew</strong></td>
</tr>
</tbody>
</table>
**Thursday, March 7th**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Day</td>
<td>Conference Headquarters</td>
<td>Meeting Room 1</td>
</tr>
<tr>
<td>All Day</td>
<td>Competitive Events Headquarters</td>
<td>Meeting Room 3</td>
</tr>
<tr>
<td>7:15-7:45 AM</td>
<td>State Officer Candidates Practice</td>
<td>Offsite – Embassy - Cooper Room</td>
</tr>
<tr>
<td>8:00 AM – 12:00 noon</td>
<td>Late Registration/Information Desk/Store</td>
<td>Outside of Meeting Room 3</td>
</tr>
<tr>
<td>8:00 AM- 1:00 PM</td>
<td>Round 1 Health Career Displays</td>
<td>Ballroom A</td>
</tr>
<tr>
<td>8:00 AM- 4:00 PM</td>
<td>Exhibitors</td>
<td>Ballroom Foyer</td>
</tr>
<tr>
<td>8:30 – 9:30 AM</td>
<td>Personal Care</td>
<td>Offsite – Hilton Garden – Magnolia/Hunley</td>
</tr>
<tr>
<td>8:30 AM – 12 noon</td>
<td>Home Health Aide</td>
<td>Offsite- Hilton Garden- Carolina/Palmetto</td>
</tr>
<tr>
<td>8:30 AM- 12:00 noon</td>
<td>Job Seeking Skills (by appt.) and Interviewing Skills (by appt.)</td>
<td>Offsite – Hyatt Lobby Meeting room 1</td>
</tr>
<tr>
<td>8:30 AM – 12:30 PM</td>
<td>Public Service Announcement</td>
<td>Meeting Room 14</td>
</tr>
<tr>
<td>8:30 AM – 12:30 PM</td>
<td>Health Education (by appt.)</td>
<td>Meeting Room 8</td>
</tr>
<tr>
<td>8:30 AM – 1:00 PM</td>
<td>Public Health</td>
<td>Meeting Room 9</td>
</tr>
<tr>
<td>8:30 AM – 2:00 PM</td>
<td>Health Science Event Testing (Behavioral Health, Human Growth &amp; Development, Nutrition, Pharmacology, Pathophysiology, Medical Law &amp; Ethics, Transcultural Health, Dental Terminology, Medical Math, Medical Reading, Medical Terminology)</td>
<td>Ballrooms B &amp; C4</td>
</tr>
<tr>
<td>9:00 AM – 11:00 AM</td>
<td>Healthy Lifestyle</td>
<td>Offsite – Embassy – Ideation Room</td>
</tr>
<tr>
<td>9:00 – 11:00 AM</td>
<td>Pharmacy Science</td>
<td>Offsite – Embassy Executive Board Room</td>
</tr>
<tr>
<td>9:00 AM – 11:30 AM</td>
<td>Speaking Events</td>
<td>Offsite – Embassy – Cooper Room</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>Speaking Skills</td>
<td>Offsite – Embassy Executive Board Room</td>
</tr>
<tr>
<td>9:15 AM</td>
<td>Prepared Speaking</td>
<td>Section 1 -Meeting Room 4</td>
</tr>
<tr>
<td>9:00 AM – 2:00 PM</td>
<td>Sports Medicine (by appt.)</td>
<td>Section 2 -Meeting Room 5</td>
</tr>
<tr>
<td>9:00 AM – 2:00 PM</td>
<td>Physical Therapy (by appt.)</td>
<td>Section 1 -Meeting Room 4</td>
</tr>
<tr>
<td>9:00 AM – 12:30 PM</td>
<td>Extemporaneous Health Poster (12:30-3:00 Judging only)</td>
<td>Section 2 -Meeting Room 5</td>
</tr>
<tr>
<td>9:00 AM – 12:30 PM</td>
<td></td>
<td>Meeting Rooms 10 &amp; 11</td>
</tr>
</tbody>
</table>
### Agenda

**Thursday, March 7th (continued)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM – 4:00 PM</td>
<td><strong>Educational Symposia</strong></td>
<td>Meeting Rooms 12 &amp; 13</td>
</tr>
<tr>
<td>9:30 AM – 1:00 PM</td>
<td><strong>Nursing Assisting</strong></td>
<td>Offsite – Hilton Garden – Magnolia/Hunley</td>
</tr>
<tr>
<td>10:00 AM</td>
<td><strong>Clinical Specialty Submit Materials Only</strong></td>
<td>Offsite – Embassy Ideation Room</td>
</tr>
<tr>
<td>10:00 AM – 4:00 PM</td>
<td><strong>Health Career Photography</strong></td>
<td>Offsite – Embassy – Wando Room</td>
</tr>
<tr>
<td>10:15 AM</td>
<td><strong>Life Support</strong></td>
<td>Offsite – Hilton Garden Inn – Cypress 2</td>
</tr>
<tr>
<td>10:30 AM – 1:00 PM</td>
<td><strong>EMT</strong></td>
<td>Offsite – Hilton Garden Inn – Cypress 1</td>
</tr>
<tr>
<td>10:45 AM – 3:00 PM</td>
<td><strong>CPR / First Aid (by appt.)</strong></td>
<td>Offsite – Hilton Garden Inn – Cypress 2</td>
</tr>
<tr>
<td>11:00 AM – 12:00 noon</td>
<td><strong>Extemporaneous Writing</strong></td>
<td>Meeting Rooms 6 &amp; 7</td>
</tr>
<tr>
<td>12:00 noon</td>
<td><strong>Clinical Specialty Submit Material Only</strong></td>
<td>Offsite – Embassy Ideation Room</td>
</tr>
<tr>
<td>11:30 AM – 1:30 PM</td>
<td><strong>Advisors Lunch Buffet</strong></td>
<td>Offsite – Embassy Suites Atrium</td>
</tr>
<tr>
<td>12:30–2:30 PM</td>
<td><strong>Biomedical Debate Preparation and Holding</strong></td>
<td>Meeting Room 8</td>
</tr>
<tr>
<td>12:30–4:30 PM</td>
<td><strong>Outstanding HOSA Chapter Submission &amp; Judging</strong></td>
<td>Offsite – Embassy Executive Board Room</td>
</tr>
<tr>
<td>1:00–4:00 PM</td>
<td><strong>HOSA Happenings Submissions &amp; Judging</strong></td>
<td>Offsite – Embassy Executive Board Room</td>
</tr>
<tr>
<td>1:00–4:30 PM</td>
<td><strong>Biomedical Lab Science (by appt.)</strong></td>
<td>Meeting Room 9</td>
</tr>
<tr>
<td>1:30–3:30 PM</td>
<td><strong>Medical Innovations (Original and Existing)</strong></td>
<td>Ballroom A</td>
</tr>
<tr>
<td>1:30–4:30 PM</td>
<td><strong>MRC Partnership</strong></td>
<td>Offsite – Hyatt Lobby Meeting Room 2</td>
</tr>
<tr>
<td>2:00–4:00 PM</td>
<td><strong>Clinical Specialty Event (by appt.)</strong></td>
<td>Offsite – Embassy Ideation Room</td>
</tr>
<tr>
<td>2:00–4:30 PM</td>
<td><strong>CERT</strong></td>
<td>Offsite – Hilton Garden Inn – Cypress 1</td>
</tr>
<tr>
<td>2:00–5:00 PM</td>
<td><strong>Veterinary Science</strong></td>
<td>Offsite – Coastal Carolina Vet</td>
</tr>
<tr>
<td>3:00–4:00 PM</td>
<td><strong>Medical Spelling Round Two</strong></td>
<td>Meeting Rooms 10 &amp; 11</td>
</tr>
<tr>
<td>3:00–5:00 PM</td>
<td><strong>Forensic Medicine Prep – Case Study (by appt.)</strong></td>
<td>Meeting Room 4</td>
</tr>
<tr>
<td>3:00–5:00 PM</td>
<td><strong>Forensic Medicine Written Conclusion</strong></td>
<td>Meeting Room 5</td>
</tr>
<tr>
<td>7:30 PM</td>
<td><strong>General Session</strong></td>
<td>Grand Ballroom</td>
</tr>
<tr>
<td></td>
<td><strong>Ice cream Social Immediately following session</strong></td>
<td>Grand Foyer</td>
</tr>
</tbody>
</table>

**11:00 PM** | **Curfew**                                                            |
# 2019 SLC Agenda

**PLEASE REFER SC HOSA WEBSITE, STATE LEADERSHIP CONFERENCE PAGE FOR THE MOST UP-TO-DATE AGENDA**

## Friday, March 8th

### Any event not held on Wednesday or Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
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<tr>
<td>All Day</td>
<td>Competitive Events Headquarters</td>
<td>Meeting Room 3</td>
</tr>
<tr>
<td>All Day</td>
<td>Holding Room for All Events</td>
<td>Meeting Room 6</td>
</tr>
<tr>
<td>8:00 AM – 1:00 PM</td>
<td>Registration/Information Desk</td>
<td>Outside Meeting Room 3</td>
</tr>
<tr>
<td>8:00 AM – 1:00 PM</td>
<td>Healthcare Exhibits</td>
<td>Ballroom Foyer</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>Healthcare Issues Exam</td>
<td>Ballroom A</td>
</tr>
<tr>
<td>9:00 AM – 11:30 AM</td>
<td>Creative Problem-Solving Preparation (by appt)</td>
<td>Meeting Rooms 10 &amp; 11</td>
</tr>
<tr>
<td>9:00 AM – 11:30 AM</td>
<td>HOSA Bowl</td>
<td>Meeting Rooms 12 &amp; 13</td>
</tr>
<tr>
<td>9:00 AM – 1:00 PM</td>
<td>Educational Symposia</td>
<td>Grand Ballrooms B &amp; C</td>
</tr>
<tr>
<td>9:30 AM – 12:00 NOON</td>
<td>Creative Problem-Solving Presentations</td>
<td>Meeting Room 5</td>
</tr>
<tr>
<td>9:30 AM – 12:00 NOON</td>
<td>Forensic Medicine Judging Only</td>
<td>Meeting Room 4</td>
</tr>
<tr>
<td>10:30 AM – 12:00 NOON</td>
<td>Business Meeting</td>
<td>Ballrooms C1-2</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>State Officers &amp; Candidates' Rehearsal</td>
<td>Ballrooms B &amp; C4</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>Announce Silent Auction</td>
<td>Grand Ballrooms B &amp; C</td>
</tr>
<tr>
<td>2:30 PM</td>
<td>Awards Ceremony</td>
<td>Grand Ballrooms B &amp; C</td>
</tr>
</tbody>
</table>
**Educational Symposia**

**WEDNESDAY, 8:30 PM**

**Kelly Kemmerlin**

**Swansea High School – Health Science Instructor/Licensed Zumba Instructor**

“There’s a Zumba™ class FOR EVERYBODY and EVERY BODY’ Zumba™ takes the “work” out of workout, by mixing low-intensity & high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin & World rhythms take over, you’ll see why Zumba fitness classes are often called “exercise in disguise”. Zumba is a total body workout that combines all elements of fitness, from cardio to balance & muscle conditioning. Other benefits include boosted energy and Zumba is super effective and super FUN!

**THURSDAY, 11:00 AM**

**Riya Gupta**

**Eastern Region Vice President – HOSA Future Health Professionals — “National Pediatric Cancer Foundation Engagement?”**

This presentation will inform HOSA members about the different ways in which they can engage with the 2018-2020 HOSA Service Project, the National Pediatric Cancer Foundation. It will show them how easy it is to get involved and how their chapters can make a difference in the realm of pediatric cancers through this foundation. There will be a small activity towards the end of the presentation where members will have the opportunity to apply the information that they should take away from the presentation and network with fellow members.

**THURSDAY, 9:00 AM**

**Dr. Jill Healey**

**Lexington Medical Center Emergency Department, M.D. “I'M THE MAN!”, “STINKY FEET”, AND “BONFIRES, BEER, AND THE BURN CENTER”— TALES AND TRIALS FROM TWENTY YEARS IN THE ER TRENCHES**

Enjoy this candid conversation with a board-certified emergency physician as she shares interesting cases and scenarios built around actual patient presentations and photos. Join this physician as she solves various cases, explores differential diagnoses and reveals the challenges and joys of her profession.

**THURSDAY, 12:00 PM**

**Jean Ann Lambert**

**MRC Community Resource Director – Mental Health America of SC — “MENTAL HEALTH: SAY IT OUT LOUD”**

Mental Health Facts will be covered and learning the warning signs/symptoms of a Mental Health disorder developing. Celebrities who struggle with a mental illness will be mentioned. We will talk about Resources of where to go in the community, to get help, and why it's important for early detection and early intervention.

**THURSDAY, 10:00 AM**

**Bradley A Smith**

**Beaufort High School – Health Science Teacher**

“Who’s In the Box?” — What happens when a total stranger offers you a box full of human remains? Find out as Health Science teacher Brad Smith describes this real life scenario with all of its legal, ethical, and creepy concerns. You will discover where the box came from, how it was offered to Mr. Smith, how he addressed these issues and the final result will be revealed when you are given the answer to the question, “Who’s In the Box?”

**THURSDAY, 1:00 PM**

**Dr. Amy Grant**

**University of SC College of Pharmacy Associate Dean for Student Affairs & Diversity**

“PHARMACY: THE HEALTHCARE CAREER WITH AN OPTION FOR EVERY PERSONALITY”

This presentation will contain a variety of active learning mechanisms, including an audience response mechanism, participant role play, and hands-on learning. Participants will learn about the approximately 30 career fields available to individuals who pursue a career in Pharmacy as well as the types of individuals who may be best suited to these unique fields. The presentation will conclude with the educational requirements and pathway necessary for students to pursue and receive a Doctorate of Pharmacy, important for early detection and early intervention.
Educational Symposia

THURSDAY, 2:00 PM
Dr. Steve Lambert
NEWBERRY COLLEGE – ASSISTANT PROFESSOR / CHEMISTRY/FORENSIC SCIENCE — “21 CENTURY FORENSIC GENEALOGY: SALVING THE UNSOLVABLE”
This presentation will explore the new field of solving crimes through the DNA of relatives. Case studies will be presented and privacy dangers discussed.

THURSDAY, 3:00 PM
Shantelle James
US ARMY RECRUITING COMMAND – EDUCATOPM SERVICES SPECIALIST
Chemistry for Nursing Can be Virtually Entertaingin Do you know your transition metals from your noble gases? And are you willing to put that theory to the test? Join the U.S. Army for a demonstration of its STARS: Elements app, a free educational application developed by The Army Game Studio at the Software Engineering Directorate (SED) in collaboration with U.S. Army STEM experts and educators. Through interactive models, games and our STARS: Challenge test your knowledge and explore the periodic table, elements and atomic structure. (Use of mobile phones during the session are encouraged)

THURSDAY, 4:00 PM
Hank Hill
RIVERSIDE HIGH SCHOOL HEALTH SCIENCE / PARAMEDIC
“Stop the Bleed” — This educational program represents the collaborative effort of many organizations. It represents the current “best practice” recommendations for how to manage life-threatening hemorrhage. One of the most common causes of preventable death after traumatic injury is uncontrolled bleeding. Everyone should know how to recognize life-threatening bleeding. Everyone should be able to take the appropriate steps to control bleeding until help arrives.

FRIDAY, 9:00 AM
Jim Mensch

FRIDAY, 10:00 AM
Cathy C. Bennett
MEDICAL UNIVERSITY OF SOUTH CAROLINA / MUSE PET THERAPY COORDINATOR “Benefits of Pet Therapy in a Clinical Setting” — Certified therapy dogs not only reduce stress, depression, and blood pressure, they improve self-esteem, increase physical mobility, provide comfort and eradicate loneliness. Our volunteers are changing what’s possible in healthcare through pet therapy. Pet Therapy is evolving rapidly throughout the country in leading medical facilities. Animals are used more than ever to assist with occupational and physical rehabilitation, disorder detection, and natural non-chemical stress and anxiety releasers for patients, family members as well as medical personnel.”

FRIDAY, 11:00 AM
Bill Coon
KEEP SWIMMING FOUNDATION / PROFESSIONAL SPEAKER/FOUNDER — “The Patient’s Perspective - Part 2” — In his presentation, Bill Coon will share with students stories from his 70-day hospital stay, in which he fought for his life and waited for a lifesaving heart and kidney transplant. Through Bill’s stories, students will learn the important role they will someday play in sustaining life when they eventually become a registered nurse or physician.

FRIDAY, 1:00 PM
Bill Coon
KEEP SWIMMING FOUNDATION / PROFESSIONAL SPEAKER/FOUNDER — “Help Patients NOW with Keep Swimming Foundation” — Keep Swimming Foundation is a 501(c)(3) nonprofit organization that helps the families of critically ill patients afford the non-medical costs associated with visiting their hospitalized loved one, such as bedside meals, parking at the hospital, gasoline, and even rent and mortgage payments.
BE SOMETHING AMAZING

GO ABOVE + BEYOND
Learn more about health care careers in South Carolina by visiting
www.besomethingamazing.com

SCHA South Carolina Hospital Association
Lowcountry Regional EMS Council offers many training opportunities around the Region. We are currently enrolling for EMT Courses in the Charleston and Summerville area!

Lowcountry Regional EMS Council is a 501(c)3 organization, proudly serving the Lowcountry Region since 1976. To learn more about becoming an EMT, Paramedic or about other course offerings, please visit: www.lowcountryems.com or call (843) 529-0977.

If you mention this advertisement during enrollment, you will be given a discount towards tuition.
Bill Coon

Biography

On April 24, 1989, Bill was born with Hypoplastic Left Ventricle Syndrome, a congenital birth defect. That night, he was flown by helicopter to a hospital in Chicago, Illinois, where his family was told the only cure would be an infant heart transplant. It was also explained that Bill had 21 days left to live, for if the doctors waited any longer than twenty-one days, the rest of his organs would begin to fail.

In the final hours of Bill's twenty-first day, the phone rang with a donor offer from Ontario, Canada. That night, on May 16, 1989, Bill became the fourth infant heart transplant ever performed in the Midwest and the eighth in the nation.

Years passed, and he never suffered any complications. That was until June 8, 2009, when at the age of 20, Bill was rushed to the hospital where a team of doctors informed him that he was in both end-stage heart and kidney failure.

Bill later spent 70 days in the Intensive Care Unit of a Chicago hospital awaiting a double transplant and a second chance at life. Fortunately, and thanks to the generosity and selflessness of Bill’s second donor, his life was saved again on October 21, 2009.

Since returning home from the hospital in 2009, Bill has become an avid spokesperson for organ donation, as well as a motivational speaker. Bill also provides hope for his readers via direct email communication.

In 2017, Bill launched Keep Swimming Foundation. A nonprofit organization that aims to provide financial relief to the families of individuals facing long-term inpatient care.

Bill's personal experience and ability to overcome obstacles has enabled him to share remarks before the American Society for Histocompatibility and Immunogenetics, The American Heart Association, and many other well-respected organizations.
Riya Gupta

HOSA- Eastern Region Vice President

“A good leader inspires people to have confidence in the leader. A great leader inspires people to have confidence in themselves.” -Eleanor Roosevelt

Riya Gupta is excited to serve as your 2018-2019 Eastern Region Vice President. From Montville, New Jersey, Riya is starting her freshman year at the University of Michigan. She will be majoring in Biopsychology, Cognition, and Neuroscience with a minor in Political Science and ultimately wants to pursue a career in oncology. Riya is grateful for her five years of HOSA experiences providing an avenue to network with fellow members, contributing to the healthcare workforce, and learning invaluable lessons as a leader. Serving as a local chapter leader and the 2017-2018 New Jersey HOSA State Secretary, Riya’s experiences have manifested into constantly striving to connect and inspire members to serve and lead in their communities. Her passion for the healthcare field has led her to pursue a research internship in Dr. Analisa DiFeo’s laboratory and volunteer at the hospital. In her free time, Riya enjoys running, traveling, and spending time with her family and friends. Riya looks forward to working with her team to serve the membership of HOSA-Future Health Professionals!
Are you most likely to succeed?

Prisma Health’s Student Development Program is dedicated to finding an option in the health care field that will make you most likely to succeed.

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Please visit our website or scan here to learn more and to register for the Student Development Programs.

PalmettoHealth.org/StudentDevelopment

Palmetto Health and Greenville Health System have joined to become Prisma Health.
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Thank you to our Symposium Presenters...

- Kelly Kemmerlin
- Dr. Jill Healey
- Shantell James
- Riya Gupta
- Jean Ann Lambert
- Dr. Amy Grant
- Dr. Steve Lambert
- Bradley Smith
- Hank Hill
- Dr. Jim Mensch
- Cathy Bennett
- Bill Coon
South Carolina HOSA would like to thank the College of Charleston for being a Diamond partner for the last five years and for their continued support of SC HOSA students across the state.
## Past Outstanding South Carolina HOSA Advisors of the Year

<table>
<thead>
<tr>
<th>Year</th>
<th>SS</th>
<th>Advisor Name</th>
<th>School Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>SS</td>
<td>Stacie Elwood</td>
<td>Ashley Ridge High School</td>
</tr>
<tr>
<td>2017</td>
<td>SS</td>
<td>Lorie McDuffie</td>
<td>Spring Valley High School</td>
</tr>
<tr>
<td>2016</td>
<td>SS</td>
<td>Sheila Gordon</td>
<td>White Knoll High School</td>
</tr>
<tr>
<td>2015</td>
<td>SS</td>
<td>Lisa Hallman</td>
<td>Saluda High School</td>
</tr>
<tr>
<td>2014</td>
<td>SS</td>
<td>Charmane Freeman-Greene</td>
<td>Heyward Career Center</td>
</tr>
<tr>
<td>2013</td>
<td>SS</td>
<td>Kelly Kemmerlin</td>
<td>Swansea High School</td>
</tr>
<tr>
<td>2012</td>
<td>SS</td>
<td>Lila Abraham</td>
<td>Blythewood High School</td>
</tr>
<tr>
<td>2011</td>
<td>SS</td>
<td>Diane Melton</td>
<td>Ridge View High School</td>
</tr>
<tr>
<td>2010</td>
<td>SS</td>
<td>Angel Clark</td>
<td>White Knoll High School</td>
</tr>
<tr>
<td>2009</td>
<td>SS</td>
<td>Tracy Harris</td>
<td>Golden Strip Career Center</td>
</tr>
</tbody>
</table>

SS = Secondary
Stacie has been involved in various aspects of HOSA for the past eight years. She is a local chapter advisor and Health Science teacher at Ashley Ridge High School (ARHS), in Summerville, SC. She currently serves as Immediate Past Chair on the SC HOSA Board of Directors and as a Lieutenant on the National HOSA Competitive Events Management Team. Stacie also works with new health science teachers through the Direct 4 program where she has ample opportunity to share her love of HOSA with them.

Stacy instills leadership, service, competition and volunteerism in her students. Her students stand out because she encourages them to strive for excellence and pushes them to be the best. Stacie’s students have been recognized for the National Service Project, as top 5 finalists at our state conference, top 3 and top 10 finalists at ILC, state officer candidates, scholarship recipients, HOSA State Leader of the Year, and Public Health Leadership Scholar. These results show what a great advisor she is.

Stacie is the recipient of the National Goodheart-Wilcox Outstanding Service Award, Outstanding Health Science Teacher in Community Service, and 2016 Ashley Ridge High School Teacher of the Year. Stacie has worked tirelessly over the last 5 years in competitive events and is the current Competitive Events SLC Advisor Manager. (BIG JOB) She works hard and never complains. Stacie has energy and enthusiasm as her love for HOSA shows through.

What a great effort Stacie has made for SC HOSA & ARHS HOSA! We would love to clone you Stacie! This award is well deserved!

Congratulations to Stacie!
**Opening Session**

THURSDAY, MARCH 7, 2019 • 7:30 P.M.

- **Greetings from the Executive Council**
  - Riya Gupta—National HOSA Officer
  - Eastern Region Vice President

- **Pledge of Allegiance**
  - Nya Grey – Heyward Career and Technology Center

- **National Anthem**

- **Parade of Officers**
  - Parliamentarian
  - Historian
  - Reporter
  - Secretary
  - Post-Secondary Vice President
  - Vice President
  - President
  - Elor Mayan
  - Brian Smith
  - Hoda Abdalla
  - Courtney Tarvin
  - Edgar Zamorano
  - Giselle Mota
  - Arturo Contreras

- **Call to Order and Welcome**
  - Arturo Contreras

- **Chapter Awards**
  - Largest Membership
  - Largest Percent Increase
  - New Charters
  - Giselle Mota
  - Angel Clark, SC HOSA Director

- **Parade of Prestige**
  - Outstanding HOSA Members
  - Katrina Haynes, SC HOSA Board Chair

- **Recognitions**
  - SC HOSA Extra Mile Award
  - SC HOSA Salutes
  - SC Outstanding Service
  - Outstanding HOSA Advisor
  - Partner of the Year
  - Karina Haynes, SC HOSA Board Chair
  - Angel Clark, SC HOSA Director

- **Meet the Candidates**
  - State Officer Candidate Speeches
  - Edgar Zamorano

- **Introduction of Guest Speaker**
  - Hoda Abdulla

- **“The Patient's Perspective” Part 1**
  - Bill Coon

- **Announcements and Adjournment**
  - Arturo Contreras
# Hall of Fame

## Past SC HOSA State Presidents

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arturo Contreras</td>
<td>Ridge Spring-Monetta High School</td>
<td>2018-19</td>
</tr>
<tr>
<td>Nathan Owens</td>
<td>Aiken County Career &amp; Technology Center</td>
<td>2017-18</td>
</tr>
<tr>
<td>Monica Larson</td>
<td>Lexington Technology Center</td>
<td>2016-17</td>
</tr>
<tr>
<td>Alex Aull</td>
<td>Saluda High School</td>
<td>2015-16</td>
</tr>
<tr>
<td>Missy McClintock</td>
<td>Carolina High and Academy</td>
<td>2014-15</td>
</tr>
<tr>
<td>Aakash Shingala</td>
<td>Spring Valley High School</td>
<td>2013-14</td>
</tr>
<tr>
<td>Tavarus Rowe</td>
<td>Gilbert High School</td>
<td>2012-13</td>
</tr>
<tr>
<td>Taurice Bussey</td>
<td>Carolina High and Academy</td>
<td>2011-12</td>
</tr>
<tr>
<td>Mattison Wilbanks</td>
<td>Barnwell County Career Center</td>
<td>2010-11</td>
</tr>
<tr>
<td>Greg Black</td>
<td>USC - Salkehatchie</td>
<td>2009-10</td>
</tr>
</tbody>
</table>

For a full listing of Past SC HOSA State Presidents, please visit our website, [www.schosa.org](http://www.schosa.org).

## 2019-2020 Chapter Recognitions

### 2019-20 New Charters
- Aiken High School
- Aiken Technical College
- Lexington Two Innovation Center
- Long Leaf Middle School
- May River High School
- Ocean Bay Middle School
- R.H. Getty’s Middle School

### 100 HOSA Club
- Chapin High School
- Chesterfield High School
- Colleton County High School
- Darlington County Institute of Technology
- Dorchester County Career & Technology Center
- FD Johnson Technology Center
- G Frank Russell Career & Technology Center
- Gilbert High School
- Hamilton Career Center
- Heyward Career Center
- Irmo High School
- Lake Marion High School & Technology Center
- Lee County Career & Technology Center

- Lexington Technology Center
- Lower Richland High School
- Mauldin High School
- Midland Valley High School
- North Charleston High School
- Pendleton High School
- Pickens County Career & Technology Center
- R.H. Gettys Middle School
- Ridge Spring-Monetta High School
- River Bluff High School
- Saluda High School
- White Knoll High School
SC HOSA Business Session Agenda
FRIDAY, MARCH 8, 2019 10:30 AM
BALLROOMS C1-2

- Call to order
- Patriotic Song – Sung by Kimberly Johnson
- Roll call
- Introduction of 2018-19 State Officer Team
- Introduction of 2019-20 State Officer Candidates
- Election of 2019-20 State Officers
- New business
- Adjourn

VOTING DELEGATE INFORMATION

THANK YOU for representing your school as voting delegates. Be present at the opening session for the “Meet the Candidates” speeches. You will cast your vote for the 2019-20 HOSA state officers at the Friday business session beginning at 10:30 a.m. Your vote is important to South Carolina HOSA!

As voting delegates, you will each receive a voting delegate ribbon from your advisor. All voting delegates must be seated in the delegate area at least ten minutes prior to the start of the business session.

BUSINESS MEETING RULES

- As voting delegates, you must be registered, wear your name badges with voting delegate ribbons.
- You must be in HOSA uniform, conference polo shirt or business attire (no denim or open toed shoes).
- You must be on time for the meeting.
- Voting delegates and officers are the only individuals who will be recognized to speak during a business meeting.
- When recognized, you should stand and state your name, chapter and then state the question, suggestion, opinion, recommendation, or motion.
- Each voting delegate may debate no more than one time per motion with a two-minute limit on the debate.
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FACTS ABOUT CHILDHOOD CANCER

• 1 in every 285 children will be diagnosed with cancer.
• Cancer is the number one cause of death by disease among children.
• The average cost of a stay in a hospital for a child with cancer is $40,000.
• 43 children per day are expected to be diagnosed with cancer.
• Only 4% of federal government cancer research Funding goes to study pediatric cancer.

NATIONAL SERVICE PROJECT PARTICIPANTS

AS OF THE PRINTING OF THIS PROGRAM, SOUTH CAROLINA TOTAL DONATIONS $

Gold
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• GILBERT HIGH SCHOOL
• HAMILTON CAREER CENTER
• LEXINGTON TECHNOLOGY CENTER
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A STUDENT—LED ASSOCIATION OF FUTURE HEALTH PROFESSIONALS
41ST ANNUAL STATE LEADERSHIP CONFERENCE

Award Ceremony and State Officers Installation
FRIDAY, MARCH 8, 2019 • 2:30 P.M.

- Introduction of the 2018-2019 HOSA State Officer Team
- Welcome
- Patriotic Song ~ God Bless the USA
- Recognitions

Arturo Contreras, President
Reagan Turner
Pickens Country Career & Technology
Arturo Contreras, President
Giselle Mota, Vice President
Edgar Zamorano, PS Vice President
Courtney Tarvin, Secretary
Hoda Abdalla, Reporter
Brian Smith, Historian
Elor Mayan, Parliamentarian

Administrators • Judges • Advisors • HOSA Members
Competitors • Parents/Guardians
HOSA Partners • Courtesy Corp Members

- 2019 SC HOSA Scholarship Awards
  Katrina Haynes, SC HOSA Board Chair
  Angel Clark, SC HOSA State Director
  State Officers

- National Service Project ~
  National Pediatric Cancer Foundation
  Katrina Haynes, SC HOSA Chair
  Riya Gupta, National HOSA Officer

- Installation of 2019-2020 SC HOSA State Officers
  Riya Gupta, National HOSA Officer

- Competitive Events Program Recognitions
  Allen Seigler, Exponential Management
  Jay Hartley, SC HOSA Board Alumni Member
  SC HOSA State Officers

- Passing of the Gavel
  Please stay seated until the gavel has been passed and the new president dismisses you
  Arturo Contreras, SC HOSA President

- Announcements and Closing
- Spirit Award
  (Most Professional, Most Courteous Chapter)
- Closing

2019-2020 SC HOSA State President
2019-2020 SC HOSA State President
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Welcome to the Charleston Convention Center and
North Charleston Area!

The HOSA staff and volunteers welcome you to the SC HOSA State Leadership Conference and the North Charleston area. We have worked hard to ensure your experience is both educational and enjoyable. Good luck to all of the competitors!

***All HOSA approved hotels provide COMPLIMENTARY:***

• Wi-Fi  • Hot Breakfast  • Shuttle to HOSA sponsored events  • Luggage storage on Friday morning

The following is additional information about the hotels in which the HOSA delegation in being housed:

**CROWNE PLAZA HOTELS & RESORTS**
4831 Tanger Outlet Blvd, N Charleston, SC 29418
Tel: (843) 744-4422

- Fitness Center
- Complimentary coffee (until 10am) & fresh fruit
- Outdoor fireplace
- Outdoor pool

**EMBASSY SUITES**
5088 International Boulevard • N Charleston, SC
Tel: 843-747-1882

- Complimentary Manager’s Reception offering snacks and sodas
- Buffet Lunch in Hotel Atrium or order from the menu in the Palm Tree Grill
- Pool & Fitness Area & Gift Shop

**DOUBLE TREE BY HILTON**
5264 International Boulevard • N Charleston
Tel: 843-576-0300

- Snack shop & Convenience Store
- All rooms are equipped with refrigerator, microwave and coffee maker
- Bus Shuttle to/from Embassy and outlets

**Hilton Garden Inn**
3260 International Boulevard • North Charleston
Tel: 843-308-9330

- Lunch and dinner served in restaurant
- Fitness Center & Pool
- Covered walkway to the Convention Center parking lot

**HYATT PLACE**
3234 West Montague Avenue • N Charleston
Tel: 843-302-8600

- 24/7 Guest Kitchen serves made-to-order snacks & entrees
- Intimate Bakery Café serves Starbucks® specialty coffees, Grab’n Go case offers muffins, salads, sandwiches and bottled beverages.
- Indoor pool

**Hampton Inn & Suites**
3020 Montague Avenue • N Charleston
Tel: 843-966-7300

- Walking distance to the convention center
- Outdoor pool & outdoor seating
- Refrigerators and coffee makers in every room

**HOMewood SUITES by HILTON**
5048 International Boulevard • N Charleston
Tel: 843-736-9000

- Fitness Center
- Outdoor Pool
- Relaxing lodge with fireplace
- Fitness Center

**TownePlace Suites**
5001 Fashion Avenue, N Charleston, SC 29418
Tel: (843) 990-7777

- Full kitchen with refrigerator and microwave
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The approved conference hotels for the 2019 International Leadership Conference are:

- **Disney’s Coronado Springs Resort** 1000 West Buena Vista Drive, Lake Buena Vista, FL 32830
- **Disney’s Port Orleans Riverside Resort** 1251 Riverside Drive, Lake Buena Vista, FL 32830
- **Disney’s Caribbean Beach Resort** 1114 Cayman Way, Lake Buena Vista, FL 32830
- **Disney’s All-Star Sports Resort** 1500 W. Buena Vista Drive, Lake Buena Vista, FL 32830

**Reservations contact information:** Phone: (407) 939 4686 or Fax: (407) 824-1980

Room Rates: The hotel rates are $178.24 Single, Double, Triple or Quad room plus 12.50% sales tax for Coronado Springs, Caribbean Beach and Port Orleans.

The hotel rates for All Star Sports are $141.10 Single, Double, Triple or Quad room plus 13% sales tax.

To reserve a room or purchase convention rate park tickets go to the following link: [https://www.mydisneygroup.com/hosa2019](https://www.mydisneygroup.com/hosa2019)